IDENTIFYING DATA

Mental health nursing

Subject	Mental health nursing
Code	V53G140V01305
Study programme	(*)Grao en Enfermaría

Descriptors	ECTS Credits		Choose	Year	Quadmester
	6		Mandatory	3rd	2nd

Teaching language	Spanish English
Department	
Coordinator	Iglesias Víctor, María Laura
Lecturers	Iglesias Víctor, María Laura
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General description	The *asignatura of infirmary in mental health pretends to endow to the students of the necessary tools that allow them warn, recognise, treat and handle the symptomatology of the mental illnesses,loaning a technical and professional attention chord to the needs of health of the population attended and taking into account the technical advances and current scientists.
	It will learn to realise plans of taken care nurses using the taxonomy NANDA basing us in the functional patterns of *Marjory Gordon, allocated to the people with mental illness and his surroundings.
	Besides they will treat the legal and deontological appearances related with the mental health.

Competencies

Code	
C10	To identify the psychosocial answers of people facing the different situations of health (in particular, the illness and the suffering), selecting the correct actions to provide help in these.
C12	To use strategies and skills that allow an effective communication with patients, families and social groups, as well as the expression of its worries and interests.
C24	To identify and analyze the influence of internal and external factors in the level of health of individual and groups.
C31	To perform the techniques and procedures of nursing care, establishing a therapeutic relationship with patients and families.
C32	To select interventions to treat or prevent deviations from health-related problems.
C51	To know the most relevant mental health problems at different stages of vital cycle, providing comprehensive and effective care in the field of nursing.

Learning outcomes

Expected results from this subject	Training and Learning Results
Know the ranking and clinic of the mental disorders and the cares of infirmary associated it they.	C10
	C12
	C24
	C31
	C32
	C51

Contents

Topic

Introduction to the mental health.	SUBJECT 1. History of the psychiatry. SUBJECT 2. Concept of mental health. Explanatory models of the enfermar in Psychiatry. SUBJECT 3. Infirmary of Mental and psychiatric Health: evolution along the history. Current situation. SUBJECT 4. Net asistencial and paper of the infirmary us distinct devices. SUBJECT 5. The interview in psychiatry. SUBJECT 6. Rankings of the psychiatric illnesses. SUBJECT 7. Psychiatric assessment of infirmary. Registers.
Communication and therapeutic relation.	SUBJECT 8. The therapeutic communication. Bases of the relation with the patient
Psicopatología	SUBJECT 9. The exploration psicopatolóxica SUBJECT 10. Organic mental disorders SUBJECT 11. Disorders by abuse of substances SUBJECT 12. Esquizofrenia And other psychotic disorders SUBJECT 13. Disorders of the been of spirit SUBJECT 14. Disorders of anxiety SUBJECT 15. Disorders somatomorfos SUBJECT 16. Disorders of the alimentary behaviour SUBJECT 17. Disorders of the dream SUBJECT 18. Sexual dysfunctions SUBJECT 19. Disorders of the control of impulses SUBJECT 20. Disorders of the personality SUBJECT 21. Disorders more usual in the childhood and the adolescence SUBJECT 22. The suicidal patient SUBJECT 23. Urgencies in psychiatry. The agitated patient
Interactive therapies	SUBJECT 24. Biological treatments in psychiatry: farmacoloxía, TEC. SUBJECT 25. Psychological treatments
Cares of infirmary us distinct mental disorders	SUBJECT 26. Ethical and legal considerations in the mental patient SUBJECT 27. Plans of cares. Functional patterns. SUBJECT 28. Plans of cares and performance of infirmary us distinct mental disorders. SUBJECT 29. Performance of infirmary us distinct treatments.

Planning

	Class hours	Hours outside the classroom	Total hours
Master Session	46	95	141
Seminars	4	0	4
Workshops	1.5	0	1.5
Case studies / analysis of situations	0	2	2
Multiple choice tests	1.5	0	1.5

*The information in the planning table is for guidance only and does not take into account the heterogeneity of the students.

Methodologies

	Description
Master Session	Exhibition by part of the professor of the contained envelope to subject object of study, theoretical bases and/or guidelines of one work, exercise or project to develop pole student.
Seminars	Activities focused to the work envelope a specific subject, that allow to deepen or supplement the contents of the subject. Can be employed how supplement of the theoretical kinds.
Workshops	Activities focused to the acquisition of knowledges and skills manipulativas and instrumental envelope a thematic concrete, with specific assistance by part of the professor to the individual activities and/or grupales that develop the students.
Case studies / analysis of situations	Analysis of a done, problem or real event with the aim to know it, interpreted, resolved, generate hypothesis, contrast data, reflexionar, complete knowledges, diagnosed and trained in alternative procedures of solution.

Personalized attention

Methodologies	Description
Seminars	Interview with the students, review and orientation stop the realization of the different activities carried out.
Workshops	Interview with the students, review and orientation stop the realization of the different activities carried out.
Case studies / analysis of situations	Interview with the students, review and orientation stop the realization of the different activities carried out.

Assessment

	Description	Qualification	Training and Learning Results
Seminars	Proof in the that the student owes to solve a series of problems and/or exercises in a time/condition established/put them it professor. In this way, the student owes to apply the knowledges that purchased. The application of this technical can be presencial or no presencial. Can be employed different tools to apply this technical how, for example, chat, post, was, audioconferencia, videoconference, etc.	10	C10 C12 C24 C31 C32 C51
Case studies / analysis of situations	Proof in the that presents a situation or problematic already given or that can gave, splitting of the different factors involucrados, the analysis of the antecedents, conditions, of the situation, etc	10	C10 C12 C24 C31 C32 C51
Multiple choice tests	Proofs for evaluation of the competitions purchased that include questions closed with different alternatives of answer (true/fake, multiple election, emparellamento of elements...). The students select an answer go in a number limited of possibilities	80	C10 C12 C24 C31 C32 C51

Other comments on the Evaluation

Sources of information

J.Vallejo Ruicoba, **INTRODUCCIÓN A LA PSICOPATOLOGÍA Y A LA PSIQUIATRÍA**,

Joana Formés Vives, **ENFERMERÍA DE SALUD MENTAL Y PSIQUIÁTRICA. VALORACIÓN Y CUIDADOS**, 2ª edición,

NNN CONSULT,

Marion Johnson, **VÍNCULOS DE NOC Y NIC A NANDA-I YDIAGNÓSTICOS MÉDICOS**, 3ª edición,

Carlos J. van-der Hofstadt Román, **TÉCNICAS DE COMUNICACIÓN PARA PROFESIONALES DE ENFERMERÍA**, 1ª edición,

Joana Fornés Vives. Mª Consuelo Carballal Balsa, **ENFERMERÍA DE SALUD MENTAL Y PSIQUIÁTRICA. GUÍA PRACTICA DE VALORACIÓN Y ESTRATEGIAS DE INTERVENCIÓN**, 1ª edición,

Louise Rebraca Shives, **ENFERMERÍA PSIQUIÁTRICA Y DE SALUD MENTAL CONCEPTOS BÁSICOS**, 6ª edición,

Recommendations

Subjects that continue the syllabus

Clinical practice III/V53G140V01306
Clinical practice IV/V53G140V01405
Clinical practice V/V53G140V01406

Subjects that are recommended to be taken simultaneously

Geriatric nursing and palliative care/V53G140V01304

Subjects that it is recommended to have taken before

Psychology: Psychology/V53G140V01102
Clinical practice I/V53G140V01208
Clinical practice II/V53G140V01303